



robertsoncooper

Wellbeing Survey 2026
Frequently Asked Questions

The Key Points

Why are South Cambridgeshire District Council doing a Wellbeing Survey?

This is our annual health and wellbeing survey, and it will give you a chance to positively influence the future of employee mental health and wellbeing by anonymously and confidentially sharing your feedback with us. The more employees that complete the survey, the better.

Will I receive personal feedback on my results?

Yes. You will be able to download a personalised Wellbeing Snapshot report as soon as you complete the survey, this will be available immediately in your Good Day at Work homepage.

Who is taking part in the survey?

All colleagues employed by South Cambs are being asked to complete the survey including our Shared waste and Planning Services.

When do I complete the survey?

You will receive an email invite from Robertson Cooper on Tuesday 14th April at 9am inviting you to complete the survey.

The survey closes on Tuesday 5th May.

What happens after the survey has closed?

We will analyse the survey data and share the aggregated results with key stakeholders across the Council. These results will then be shared throughout the organisation and inform the creation of the future strategy. The report will also supplement information provided to members on future ways of working.

About the survey questions

What is the survey about?

The questionnaire is focused on understanding your perceptions about your experience of working at South Cambridgeshire District Council.

There are several sections included within the questionnaire which include workplace pressures, psychological wellbeing, health, engagement and resilience. It is based on Robertson Cooper's evidence based and market leading wellbeing tool.

Will I receive personal feedback on my results?

Yes. You will be able to download a personalised Wellbeing Snapshot report. This is your opportunity to gain an insight into your own health and wellbeing. The report will help you understand what actions you can take to improve your wellbeing including how to deal with pressures at work. The report compares your responses with other employees across several organisations and provides tips and advice on making positive changes to help you to feel happier inside and outside of work.

You will be able to download a copy of your personalised report immediately upon completion of the survey. Your individual results will not be shared with anyone else, and any reports will only include a summary or themes and not be attributable to any individual.

Why should I take part in the survey?

Your opinion is incredibly valuable; your input will help us understand the enablers and barriers of workplace wellbeing for employees as well as establish a baseline across the Council. Your survey responses will also help shape the future approach and strategy around employee health and wellbeing to support you and your colleagues to have more good days at work.

Does the survey have anything to do with stress?

Yes. Workplace stress and pressure can affect your wellbeing and quality of life inside and outside of work. There will be questions about pressure and stress in the survey, however the survey is not entirely focused on stress. There will be questions regarding your engagement with work, sense of purpose and positive psychological wellbeing.

The questions are personal. Why should I fill them in?

Robertson Cooper must ask personal questions about your health and wellbeing, but no responses will be traced back to you personally. For us to get an accurate picture from the data, it's important that you answer all the questions.

Does the survey only consider how I feel on the day?

No. Please reflect on how you have been feeling over the last three months or so.

What happens after the survey?

What happens after the survey has closed?

All employees completing the Wellbeing Survey will be able to download a personalised Wellbeing Snapshot report as soon as survey responses are submitted. Once the survey has closed and Robertson Cooper have analysed the data, we will provide a written report to your senior representatives across the Council. A summary of the key results will be communicated to all employees and members.

How will business areas know how many employees have completed the survey?

Some of the questions within the survey ask for information about where you work within the Council, such as the department or team you work in. This enables us to track the number of people in different teams and departments who have completed the survey, and gauge whether we have a representative response rate for the survey.

A weekly update on response rate will be shared to your People Team whilst the survey is open.

How to access the survey

When do I complete the survey?

The survey launches on Tuesday 14th April at 9am. Please complete and submit the survey as soon as possible, no later than close of business on Tuesday 5th May.

How do I complete the survey?

You will receive an invite with a link to complete the survey, which will be emailed to you on the morning of 14th April. If possible, please complete the survey straight away to ensure it is not forgotten and to avoid the reminder e-mails.

Once logged in, you can complete the survey in more than one sitting, by logging back in using the same username and password – all your answers will be saved on the system.

How long does the survey take to complete?

The survey will take approximately 10 minutes to complete and can be completed in more than one sitting.

Who do I contact if I have any IT issues?

You can contact Robertson Cooper to assist with technical problems at support@robertsoncooper.com.

Will my organisation see my individual results?

Once you have submitted your responses, they will be stored in our secure database. This is an 'organisational' survey, so individuals will not be identified. Robertson Cooper will only give feedback to the Council on the results in a minimum group size of 7 survey respondents.

Can I complete the survey during work hours?

Yes, and you are encouraged to do so.

What happens if I don't complete the survey?

You are not obligated to complete the survey, however the more people who do take part, the more representative the information will be.

Do I have to tell you specifically where in the Council I work?

The survey will ask some questions about you and your role within the Council and includes questions like gender, age, and the team you work within. This is so we can produce accurate reports focused on various demographics, providing that there are more than 7 respondents in each group.

South Cambridgeshire District Council will not be able to identify individuals as a result of the survey. This ensures the anonymity of employee data. If you have any questions regarding data security, please contact privacy@robertsoncooper.com or read the final section of this FAQs document.

Data protection and privacy

Who are Robertson Cooper?

Robertson Cooper is an independent organisation, specialising in workplace wellbeing. Robertson Cooper have been commissioned to support South Cambridgeshire District Council to develop a benchmark for health and wellbeing across the organisation and to develop an organisation wide health and wellbeing strategy.

Is the survey confidential?

Yes, the survey is completely confidential. The Wellbeing Specialists at Robertson Cooper are Occupational Psychologists and are bound by a professional code of practice, of which employee confidentiality is a core part.

The survey results will be broken down by department / team and shared with the organisation so that robust plans can be put in place to improve employee health and wellbeing. However, reports will only be shared when there are more than seven people to protect employee confidentiality and anonymity. If you have any questions regarding data security please contact privacy@robertsoncooper.com or read Robertson Cooper's privacy policy [here](#).

Is all of the data processed in the UK?

Yes, and the data will not be shared with any third-party organisations. Here, you can read our [privacy policy](#).

How long will you keep my data?

Robertson Cooper will retain your personal data for as long as we have a relationship with South Cambridgeshire District Council and for a period of time afterwards where we have an ongoing business need to retain it, in

accordance with our data retention policies and practices. Following that period, we'll make sure it's deleted or anonymised.

What are my data protection rights?

It's your personal data and you have certain rights relating to it. You have rights to:

- Know what personal data we hold about you, and to make sure it's correct and up to date
- Restrict the processing of your personal data where you have a particular reason for wanting the restriction e.g. while you wait for your data to be corrected. Please let us know by emailing us.
- Withdraw from our products and services or wish to remove the information which we hold about you. Please let us know by emailing us.
- Request a copy of your personal data, or ask us to restrict processing your personal data or delete it
- Object to our continued processing of your personal data

You can exercise these rights at any time by sending an email to privacy@robertsoncooper.com.

If you're not happy with how we are processing your personal data, please let us know by sending an email to privacy@robertsoncooper.com. We will review and investigate your complaint and try to get back to you within a reasonable time frame. You can also complain to your local data protection authority. They will be able to advise you how to submit a complaint.